



Rasnow Integrative Wellness, Inc.

Dear Prospective Patient:

Thank you for considering Rasnow Integrative Wellness, Inc. as your source for holistic and comprehensive health consultation and care. We are excited to get to know you and assist you in your individual health journey. Please read through the following introductions and explanation of services to ensure that we are starting our journey together on the same page and that RIW will be a good fit for your needs.

Rasnow Integrative Wellness, Inc. (RIW) is a **part-time consulting practice** and may not meet the needs of all patients. Our goal is to be an adjunct to your current medical care team by providing an integrative and lifestyle-first assessment of your health issues then collaborating with you and an your team to design a **personalized** treatment plan to help you achieve optimal health. We are available by appointment only and do not maintain daily office hours, although we will make every effort to respond to emails and voicemails as quickly as possible, usually within 48 hours. Patients must recognize that **having an additional primary care physician** to manage ongoing medication regimens or referrals to specialists MAY be necessary depending on your needs and/or primary insurance. Furthermore, since we are a part-time practice, utilization of urgent care may also be recommended if the need arises.

Rasnow Integrative Wellness, Inc. is a mobile practice that strives to serve patients throughout the State of California by offering in-person visits at our locations in Sacramento as well as by offering telemedicine consultations and follow-up visits. Limited home visits are also available to eligible and interested patients.

Rasnow Integrative Wellness, Inc. has agreed to accept Medicare and some commercial insurance plans for coverage of the office visit portion of patient fees in order to make our services more accessible to all patients. Acupuncture and additional consultative services are not reimbursed by insurance and will remain the responsibility of the patient to pay at the time of service. Patients with a high deductible or co-insurance may opt to pay all fees up front and will receive an itemized invoice to submit for reimbursement from a health savings account or other entity if desired. Please see the fee agreement for additional details. We make no guarantees that you will be reimbursed by any third party. New patients with a complicated medical history will be assessed an administrative fee for the first visit only to cover the time to review records that in not reimbursable by insurance. Acupuncture, low dose immunotherapy, trigger point injections, and cold laser therapy treatments are not reimbursable by insurance and will be billed directly to the patient at the time of service.

Again, thank you for considering us to assist you on your health journey. If you have any questions about our fee structure or services, please do not hesitate to ask. We are excited and honored to work with you.

Sincerely

Marina Rasnow-Hill, MD
Owner/Founder, Rasnow Integrative Wellness, Inc.